

RIDE OF SILENCE RIDE RULES

1. THIS IS NOT A RACE. Participants will ride no faster than twelve (12) mph. The only exception will be on long downhill grades where groups will try to maintain a speed not to exceed fifteen (15) mph. Riders are expected to safely stay together in groups and maintain group speeds at the direction of the ride leaders.
2. The ride will be conducted in SILENCE "No Talking or Cell Phones Please". Necessary talking will be limited to ride safety issues, road obstructions, bike maintenance problems or accidents. Riders will please contact the ride group leader if you have a problem. We do recommend that if you do have a cell phone please bring it for safety issues, but PLEASE put on a silent/vibrator mode. We do not want the ride to be disturbed by someone constantly answering their cell phone or to have or cause an accident while trying to do so.
3. Be aware that this is a FIFTEEN (15) MILE STREET RIDE on metropolitan thoroughfares in some heavy to moderate traffic. There will not be any riding on sidewalks, it's against the law. The ride street terrain is relatively flat with some graded sections of about 4 percent or less. Ride time should be approximately one and a half (1 1/2) hours in length depending on the number of group stops.
4. The ride has a "No One Left Behind" policy. Ride leaders will be stopping groups periodically for riders to catch up, bike maintenance or safety issues. If you are leaving the ride for any reason, please inform the ride leader so they will not be looking for you or holding up the group at a catch up point. The ride will NOT be making a scheduled rest room stop, only in the case of an emergency, so please plan accordingly.
5. Ride to the right as far as safely possible in single file where no bicycle lanes exist and not more than two abreast in bicycle lanes. Please stay within the bike lanes. Signal verbally "On your left" and pass slower riders safely to the left in single file. Do not "hang out" in the motor vehicle travel lanes. BE COURTEOUS TO MOTORISTS, IT PAYS FOR US ALL. Slower riders please stay to the right at all times. Remember the WHEEL IN, WHEEL OUT rule when riding in a group especially after dark.
6. Bicycle helmets are required and must be worn during the ride.
7. This is a street ride in night riding conditions. Bicycles are required to be equipped with sufficient lighting in the front and rear as per State of Nevada Statutes. Side wheel type reflectors are recommended also because front and rear lighting sometimes cannot be seen from the side. BE VISABLE, LIGHTING WILL BE TURNED ON FOR THE ENTIRE RIDE. Personal lighting devices, light/bright colored clothing and reflective vests are a plus.
8. There are two (2) types of ride waivers that must be signed by all participants. (both Ride of Silence and Las Vegas Valley Bicycle Club)
9. Participants under eighteen (18) years of age must be accompanied on the ride by parent or guardian for the duration of the ride and they will be responsible for the under aged participant. THIS RIDE IS NOT RECOMENDED FOR YOUNG CYCLISTS BECAUSE OF NIGHT RIDING CONDITIONS.
10. Participants shall be equipped with tire repair supplies which include a spare tube, tire inflation device and tools. It is good to know how to change a flat tire. If you do not know, we suggest that a trip to your local bike shop or to the REI store's free bike maintenance seminars to find out and practice how to do it.
11. Bring sufficient drinking fluids for the ride length. We recommend at least one 24 ounce container.
12. Participants shall follow the instructions of the designated ride leaders. Anyone that cannot obey leader instructions will be asked to leave the ride.

13. Traffic light "jumping" and ignoring stop signs will not be tolerated. Those participants that insist on this kind of behavior will be asked to leave the ride immediately. Groups will stop at stop signs and traffic signals and carefully proceed in sections when there are large groups. Be aware that after safely passing through a traffic light or stop sign, ride leaders may choose stop the group at a safe distance and use it as a catch up point for the other sections or stragglers.

Remember why we are doing the RIDE OF SILENCE. We want all the participants to be safe and have a meaningful experience.